

**Children Looked After Team**

Westmead Clinic

Westmead

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**Targets**

All targets in March and April were met for initial health assessments and review health assessments from health.

The table below shows figures from April 2016 to April 2017

| Month          | Target For IHA's<br>CNWL 100% | Target for RHA's<br>CNWL 100% | Number seen in timescales |
|----------------|-------------------------------|-------------------------------|---------------------------|
| April 2016     | 100%                          | 100%                          | 72% IHA 93% RHA           |
| May 2016       | 100%                          | 100%                          | 40% IHA 95% RHA           |
| June 2016      | 100%                          | 93%                           | 68% IHA 73% RHA           |
| July 2016      | 100%                          | 100%                          | 86% IHA 75% RHA           |
| August 2016    | 100%                          | 100%                          | 86% IHA 100% RHA          |
| September 2016 | 100%                          | 100%                          | 25% IHA 90% RHA           |
| October 2016   | 100%                          | 100%                          | 77% IHA 71% RHA           |
| November 2016  | 100%                          | 100%                          | 25% IHA 86% RHA           |
| December 2016  | 100%                          | 100%                          | 91% IHA 100% RHA          |
| January 2017   | 100%                          | 100%                          | 47% IHA 100% RHA          |
| February 2017  | 100%                          | 100%                          | 88% IHA 86% RHA           |
| March 2017     | 100%                          | 100%                          | 70% IHA 74% RHA           |
| April 2017     | 100%                          | 100%                          | 71% IHA 80% RHA           |

**Monitoring Meetings**

Monthly monitoring meetings continue with the CCG and Harrow Council and monthly reports are produced.

**Work Undertaken**

Support to Social Workers on a weekly basis both face to face and via telephone.

Liaison with Independent Reviewing Officers.

Joint meeting with Paediatric Infectious Diseases Consultant and TB Registrar with the Northwick GP's to discuss the health needs of UASC (Unaccompanied Asylum Seeking Children), blood screening, TB screening and immunisations.

Attendance at Children at Risk meeting.

Monthly meetings with CAMHS YOT

Quarterly meeting with CAMHS and CLA team manager

Attended joint CLA health, education, and YOT meeting.

Attendance at joint adoption and fostering panel by Designated Nurse and Medical Advisor.

Designated Nurse attended Health Visitor team meeting to discuss the health needs of CLA and the role of the lead health professional.

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Designated Nurse delivered a teaching session about CLA and their health needs with an overview of our work in Harrow, to Health Visitors and School Nurses in training at Oxford Brooke's University. Positive feedback from students and a letter of thanks from the tutor received. Information regarding young offenders shared with Harrow Council for planning for future YOT OFSTED inspection.

### **Health Promotion**

Continual liaison with GP's to obtain immunisation history for our CLA both in and out of the borough as well as to follow up medical conditions.

Continual liaison with School Nurses and Health Visitors.

Liaison with health services both in Harrow and out of borough and Harrow Council, for baby with complex health needs.

### **Young People Centred Health Assessments**

Two siblings had refused to have their health assessments undertaken. 3 appointments had been made and they did not attend. They were placed out of borough and regularly went missing.

Liaison with their Social Worker, Carer, Birth Parent and the young people themselves resulted in them agreeing to complete a written health questionnaire about their health. We also asked for their feedback about the health questionnaire. Once the completed forms had been received the Specialist Nurse contacted the siblings about their forms and they both agreed to telephone health assessments. This has opened the way for a face to face assessment in the future.

### **Other Activity**

Designated Nurse, GPwSI and Named Doctor for Safeguarding Harrow CCG, delivered joint training to GP's in training regarding safeguarding and Children Looked After. The session was well evaluated and positive feedback received.

Designated Nurse attended Foster Carer's award ceremony which was a lovely celebration.

### **OFSTED**

In 2012 OFSTED rated the health of Children Looked After as 'inadequate'. In 2017 they have rated it as "Good". The recent OFSTED inspection in relation to health stated that:

'Children's health needs receive significant oversight and monitoring from the children looked after health service and as a result, their health outcomes continue to improve'.

The report highlighted strong partnership working, information sharing, effective tracking systems and communication as well as children's involvement being pivotal to this success. All of these areas were criticisms in the previous inspection.

Other areas of positive work include children's needs being identified quickly, active monitoring of the health needs of children placed out of the local authority, improvements in timescales for completion of initial and review health assessments, improvements in completion of SDQ's, attendance at strategy meetings and the development of health passports. All of these areas were again criticisms in the previous inspection.

A recommendation regarding health was made to 'ensure that children looked after receive timely therapeutic support when they need it.'

### **Future Plans**

To continue to work in partnership with Harrow Council to improve timeliness of requests for IHA's and to introduce new system for requesting medical advice for adult health assessments.

To continue to gather health information about our Harrow CLA population.

Report by Emma Hedley – Designated Nurse For Children Looked After Harrow, CNWL.  
18<sup>th</sup> May 2017

## **Appendix 1**

### **Comments from UASC, CLA, Care Leavers, and Carers**

The visit was quite helpful and it made my mind clear of so many questions and worries, good job

Today meeting was so helpful and so good and I was agreed for that meeting (UASC 14)

Gave good advice and was fun. Better than expected.

Very helpful! I am grateful for the time taken in order for the health assessment to follow through.

I think this health assessment was helpful and I learnt things that I didn't know before (UASC 17)

Helpful and encouraging (16)

It was what I expected. I found it helpful that I had someone to talk to

Good check up (13)

Everything went well, I was treated well. It was helpful (UASC 16)

I learnt many things today (17)

It was better as I have seen you before (15)

It was okay, not too bad, not as bad as I thought it would be. It was okay overall (13)

I was a bit apprehensive about the appointment but it turned out great. Very relaxed way of talking about my nephew and finding tips on how to help him. Was also recommended a website I intend on visiting (Carer)

I think it was a good appointment. The questions were clear and easy to answer. I learned a lot of things from the doctor about healthy food etc. The conduct of the interview and the behaviour of Dr Bina was excellent and I thank her very much (UASC 17)